




Rotary 
 Club of Nagpur North
 RID3030 Club ID: 24565



JULY 2023

Create Hope In The World.



**CREATE HOPE
in the WORLD**



RI President Gordon McNally has coined this theme, probably after thoughtful and debatable discussions. Hope is created where there are expectations; expectations arise when we raise hopes. It's a two-way system that works both ways. This theme gave me brilliant clarity while conducting a simple but impactful project -- Project Atmanirbhar in a Girls' shelter home. Here, we impart small vocational training like Crochet making, candle making, self-defence, and stitching. During the training process, we realized that the girls require something more to bring happiness and joy to their faces. We just mentioned the word 'Dance,' and the moment became magical; the eager faces lit up with smiles of anticipation and hope. At that moment, I understood the theme: CREATE HOPE IN THE WORLD.

The hope of breaking the monotony, the hope of acceptance and inclusion, the hope of getting an opportunity for a better life. Around 50 girls thoroughly enjoyed the first session of dancing and were looking forward to more such fun-filled sessions. The next weekend, the trainer, Jayati Khatri, arrived on time, but the caretaker was probably not aware of this and informed her that they were all sleeping, so there would be no class that day. When she went on Sunday, what she saw and heard captivated her heart. "Didi, we were hoping you would come; we had finished our chores before time, hoping to have fun." That was the moment when CREATING HOPE became crystal clear and touched our hearts to the core.

So fellow Rotarians, we all have a great onus on us to try and turn HOPE into reality, as every small thing does make a difference. As part of the Rotary Family, we can and will do so together.

PRESIDENT'S MESSAGE

**Where there is hope, there is faith,
Where there is faith, miracles happen**



Hope is essential because it can make the present moment less difficult to bear. If we believe that tomorrow will be better, we can endure hardships today. Hope is the only thing stronger than fear, and probably that is the reason "Creating hope in the world" is the theme given by R.I. President Gordon McNally.

As the president of one of the premier clubs in Rotary District 3030, I accept this onerous responsibility with pride, along with a load of responsibilities and duties. To accomplish the task to the best of my ability, I seek your utmost cooperation and support to help me take our club to even greater heights of glory and achievements. I solicit your active participation in every venture we undertake during my tenure.

It is very aptly said, and I wholeheartedly agree, "When you gift your time in service, you touch lives. When you gift your resources, you uplift lives. When you gift both time and resources with love and compassion, you create hope in the lives of many." With pearls of wisdom from past presidents and gems as Board of Directors and members of our club, together, we envision a world where people unite and take action to create lasting change across the globe, in our communities, and within ourselves. Let our North shining star twinkle and radiate light and smiles to others.

Pooja Khatri
President

SECRETARY ADMIN MESSAGE



With immense pleasure and heartfelt enthusiasm, I, as the Secretary of Administration for RCNN, embark on this new journey together. Ours is a global community of dedicated individuals who strive to make a positive impact on the world through service and compassion. As

the Secretary of Administration, I hold a vital position within our organization, responsible for ensuring the smooth functioning of administrative processes, fostering effective communication, and supporting the seamless coordination of our activities.

Rotary International's legacy of service above self is upheld by each member's dedication and passion for making a difference. I encourage all of you to embrace the spirit of collaboration and teamwork that defines Rotary International. Our strength lies in the diversity of our members and the collective power of our ideas. Together, let us embrace the challenges and opportunities that lie ahead, knowing that each step we take brings us closer to creating a lasting impact on the lives of others.

Rtn Nand Tahilyani
Hon. Secretary (Administration)

EDITOR'S MESSAGE



I am delighted to extend my warmest greetings as the Editor of our beloved Rotary Bulletin, "NORTH STAR." It is with great pride that I take on this role to bring you the latest news, inspiring stories, and valuable insights from our incredible community of Rotarians. As we flip through the pages of this Bulletin, we

embark on a journey that celebrates the spirit of service and fellowship that defines Rotary International. This bulletin serves as a testament to the power of compassion and the strength of collective action. Within its pages, you will find stories of hope, resilience, and transformation, showcasing the true essence of Rotary's guiding principles. However, our journey does not end here. Together, we must continue to adapt, innovate, and grow to address the ever-changing needs of the communities we serve.

I encourage you all to contribute to the bulletin, sharing your experiences, insights, and stories of service. Each of you plays an integral role in shaping the narrative of Rotary International and Rotary Club of Nagpur North, and your contributions will inspire others to take action and join our mission. Our bulletin will be a platform to share best practices, exchange ideas, and learn from each other. Together, let us continue to leave an indelible mark of service, fellowship, and goodwill on the canvas of the world.

Rtn Dr Aliakbar Maimun
Editor North Star Bulletin 2023-24

SECRETARY PROJECTS MESSAGE



As the Secretary of Projects for our esteemed club, I am thrilled to embark on the new Rotary year 2023-24. Together, we have the power to turn our visions into reality, and I am honoured to be a part of this journey with such a dedicated and passionate group of individuals. As the

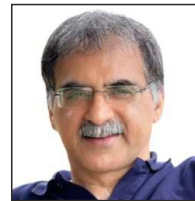
Secretary of Projects, I am eager to collaborate with each one of you in planning, coordinating, and executing impactful initiatives that align with our core values and objectives.

Communication will be the cornerstone of our success. I encourage each member to actively engage and share your ideas, suggestions, and expertise. By fostering open and transparent communication, we can ensure that our projects thrive and make a genuine difference in the lives of others. I am sure this year promises to be filled with exciting opportunities and meaningful projects that will touch the lives of those in need.

Together, we will explore new avenues, leverage technology, and adapt to the evolving needs of our communities. Our collective effort and creativity will be the driving force behind our success. As we work side by side, let us always remember the profound words of our founder, Paul Harris, "Whatever Rotary may mean to us, to the world, it will be known by the results it achieves." Let us make these words our guiding principle and strive for excellence in all that we do.

Rtn Harleen Oberio
Hon. Secretary Projects

MENTOR'S MESSAGE



Hey there, Rotary Rockstars of North!

Get ready to ignite some serious hope because this year's theme is all about "Creating Hope in the World." And guess what? We're absolutely up for the challenge!

Since the dawn of time (well, since 1987), our Rotary Club of Nagpur North has been weaving a legacy that's as rich as grandma's secret recipe. We've laughed, we've learned, and we've left our mark on the world one project at a time.

But here's the juicy bit – it's not just about the projects; it's about us coming together, locking arms, and transforming into one big, crazy Rotary family. Think of it as a blend of teamwork, friendship, and community superhero vibes.

So, what's cookin' in our Rotary kitchen? We're whipping up a delicious magazine stew, and we need your secret ingredients! Yep, your articles, photos, personal triumphs, quizzes, and those quirky ideas you scribble on napkins. Let's make this mag sizzle!

But wait, there's more – we're all ears! Give us the lowdown on how we're doing. Share your thoughts, ideas, and feedback on the mag itself. We're like your favorite pizza joint – always looking to add that extra sprinkle of awesome.

So, gear up, Rotary rockers. Let's create hope, celebrate our heritage, and turn this mag into a riot of Rotary goodness. Stay tuned for more fun, more inspiration, and more Rotary love!

Rtn Dr Sanjay Arora
Mentor

Board Orientation

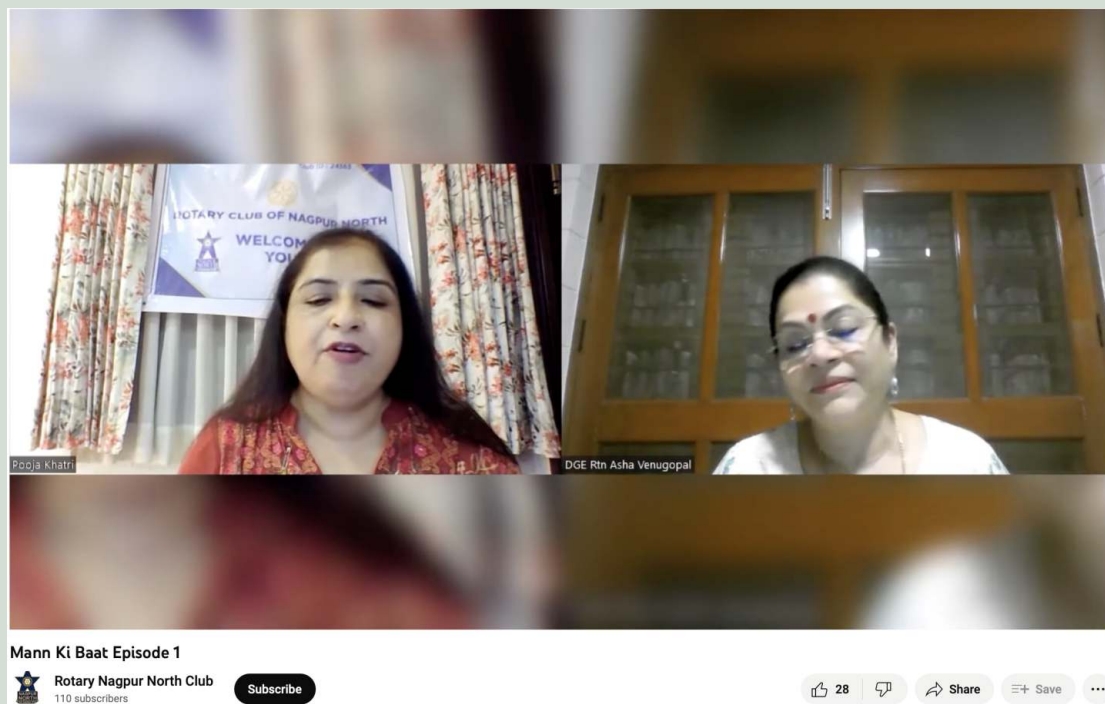
For the first time there was a Board Orientation done under the leadership of President Rtn Pooja Khatri and speakers for the meeting were PDG Rtn Madhu Rughwani, PP Rtn Dr Sanjay Arora, PP Rtn Jagdish Khatri and Rtn Dr Aliakbbar Maimun. by PP Jagdish Khatri. The directors were called forward to discuss their agendas for the upcoming year. The meeting was adjourned with concluding remarks by the President of the club. The vote of thanks was presented by Hon. Sec (Projects) Rtn. Harleen Kaur.



Mann Ki Baat

Mann Ki Baat - First Episode with District Governor Rt Asha Venugopalji.

The video can be accessed at this link https://youtu.be/xOz7jac0s_g



Installation of the President

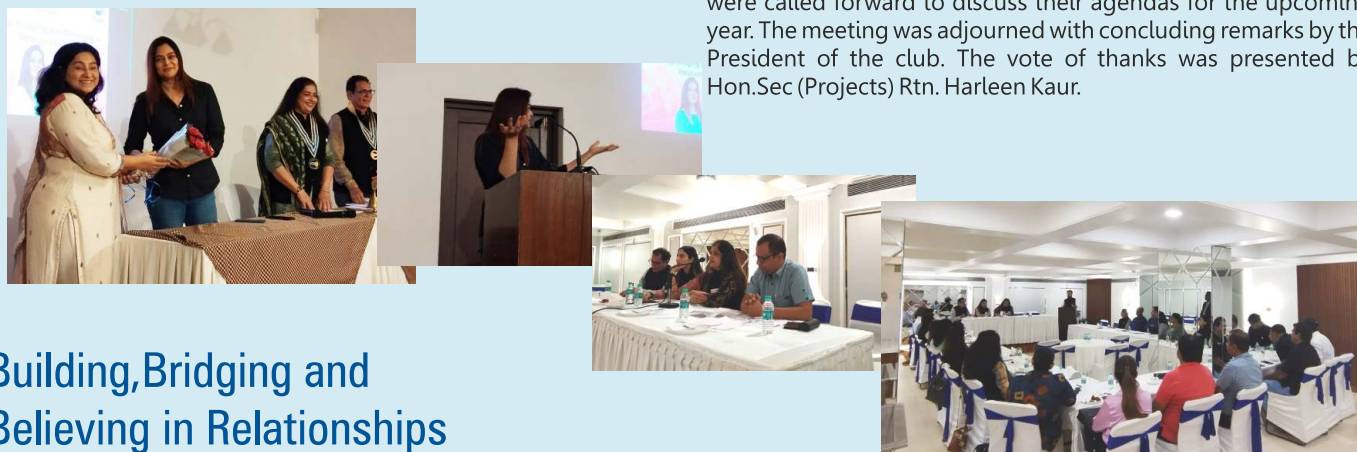
The Rotary Year 2023-24 began with the installation of its second lady president Rtn Pooja Khatri and her team. Dist Governor Rtn Asha Venugopalji was the Chief Guest for the event along with Asst Governor Rtn Sandeep Dhorapkar.



Board Meeting & Club Assembly

Rotary Club of Nagpur North conducted Board Meeting on 21st July at Heritage Hotel, Nagpur. The meeting started with opening remarks by President Rtn. Pooja Khatri. Some inputs and encouraging words for the year ahead were shared by Hon.Sec Nand Tahilyani (Projects) and Hon.Sec (Projects) Rtn. Harleen Oberoi.

The projects under various portfolios were discussed with directors and members present in the meeting. During the meeting club, President asked for suggestions from the directors and committee heads present. The challenges that are faced during the project were also discussed. The board meeting was followed by the Club Assembly in which the purpose and need of Club Assembly was explained by PP Jagdish Khatri. The directors were called forward to discuss their agendas for the upcoming year. The meeting was adjourned with concluding remarks by the President of the club. The vote of thanks was presented by Hon.Sec (Projects) Rtn. Harleen Kaur.



Building, Bridging and Believing in Relationships

Rotary Club of Nagpur North conducted its first regular meeting on 28th July at Chitnavis Centre. The speaker for the meeting was Dr. Sapna Sharma, a Spiritual Counsellor, and Life Reinvention Coach. The meeting started with the felicitation of the speaker by the Women Empowerment Director, Rtn. Neena Virani. During the meeting, the speaker addressed the attendees by sharing her views on bridging and building relationships with spouses and children. She also emphasized the importance of communication in maintaining healthy relationships.

Furthermore, she provided valuable insights by relating independence to relationships, creating a cohesive family life. The speaker also shared her opinions on ways to balance finances along with emotions. The members of the club were made aware that, along with independence, emotional support plays a pivotal role in leading a peaceful life. The members agreed when the speaker talked about expressing love towards dear ones. The event concluded with a vote of thanks delivered by Rota Ann Rakhi Upadhyay.

CLUB SERVICES

A. Community (Non-Medical)

Project Pragati

1. Distribution of school kits at Arya Uchch Kanya Vidyalaya

The distribution of 30 sets of notebooks, drawing books, compass boxes, stationery items, shoes, bottles, and caps was successfully carried out at Arya Uchcha Kanya Vidyalaya. Additionally, cookies, chocolates, and biscuits were given to the kids, and their happiness was truly indescribable. The sight of their smiling faces was heartwarming and brought immense joy to all.

President Rtn. Pooja Khatri and Rtn. Jatinderpal Singh Wahan had delightful laughter and fun sessions with the children. They also motivated the kids to showcase their talents. As a result, they performed dances, and two groups even sang songs and danced on their own.

It was a memorable and rewarding experience, witnessing the children's happiness and being part of their special moments.



2. Medical camp for domestic animals

There was a medical camp which was not for humans but for 550 domestic animals who benefited from vaccination in three days.



3. Tree plantation drive at school

Considering the age group and preferences of school kids, our Environment Director Rtn Jatinderpalsingh Wahan came up with different plans for this year's plantation activity. All the kids participated with great enthusiasm in the plantation process and even named the plants after themselves. Taking care of the plants has been included in their regular curriculum, so they will be responsible for nurturing their own plants. The kids had a wonderful time during the plantation activity.



4. Club to visit Rahul Balsadan (Children's Orphanage)

It has always been a tradition of our club to visit Rahul Balsadan (Children's orphanage) to distribute basic needs and stationery to the inmates. We could see the happy little faces around us, and their smiles made our day. Many kids have benefited from this organization; some are pursuing B. Tech, MBBS, M. Tech, etc. It was a proud moment for us, knowing that our little help had inspired their dreams to come true.

Community engagement: The successful execution of this project can inspire and engage the local community. It may encourage other individuals, organizations, or businesses to contribute to the cause, fostering a sense of collective responsibility and support for the children's welfare.

Long-term partnerships: The positive impact of this project can lead to the establishment of long-term partnerships with donors, sponsors, or supporters.



B. Community (Medical)

1. Dental check up

A dental check-up at Sindhi Hindi Girls High School was conducted on 21st July, benefiting 200 girls. Thanks to Dr Riya Gidwani, Dr Shruti Bhojwani, and Volunteer Nikita for their efforts. They provided toothpaste and toothbrushes to all the students.



2. Eye check up

Some participants were diagnosed with conjunctivitis, while others had refraction issues. Many individuals with dry eyes received eye drops. The entire project took four hours to complete.



C. Funtime in Nature's Lap

Rota-Kids Activity

Gorewada Nature Trail was conducted on 30th July for Rota-Kids. Going on a nature walk helps the children to be active, focused and peaceful.



Rakhi Making Activity

Rakhi making class for the inmates of Katol shelter home

A Rakhi-making class was conducted for the inmates of the Katol Shelter Home, as well as at the Women's Shelter Home in Parzori, Nagpur. This class is one of the many handicraft classes that will be conducted at these shelters, with materials sponsored by the Champa Devi Trust. The inmates of these shelter homes come from painful pasts, with nowhere to go and facing societal discrimination. These various handicraft classes positively influence their creativity, skills, and imagination. By learning these skills, they can gain self-

confidence and hope to pursue further creativity in crafts, enabling them to earn a living for themselves.

On Women Empowerment, after conducting various handicraft courses, we are planning to organize an exhibition where the inmates' handmade products will be exhibited and sold at a price. The entire amount from the sale of their products will be given back to them. This initiative aims to boost their independence and confidence, empowering them to stand on their own feet..



Crochet Knitting Activity

Crochet knitting activity like bags, bottle and mobile holders jewellery etc

The "Crochet knitting" activity, such as making bags, bottles and mobile holders, and jewellery, was conducted at Saskiya Mulinche Balgraha, Katol Road, Nagpur. This class is one of the many handicraft classes that will be conducted under the program "Atmanirbhar." The girls participating in these classes are orphans who have been neglected by society, and a few of them are runaways. These various handicraft classes influence their creativity, skills, and imagination. By learning

these skills, they can gain self-confidence and hope to pursue further creative crafts and make a living for themselves.

At Women Empowerment, after conducting various handicraft courses, we are planning to organize an exhibition where their handmade products will be exhibited and sold at a price. The entire amount from the sale of these products will be given back to them. This initiative aims to give them a boost towards independence and the confidence to stand on their own feet.



“From Pipes to Prosperity”

Live YouTube Interview of Rtn Pankaj Rughwani by R/Ann Baljeet Anand

Rtn Pankaj Rughwani is an accomplished entrepreneur and owner of Jayshree Pipes Pvt Ltd. which has revolutionized plumbing and bathware industry for the last 22 years. From humble beginnings, he dared to dream big. What began as a modest venture gradually evolved into a formidable force in the industry. Along the way, they weathered storms, embraced challenges, and consistently adapted to an ever-changing market, emerging as a true pioneer in their domain. Key takeaways



ROTARY'S TRAILBLAZERS UNVEILED!!! - Baljeet Anand ON AIR with Rotarian Pankaj Rughwani

- 1. Not to run away from challenges in business instead find ways to deal with them. Overcome problems like Attrition, competition gracefully**
- 2. For the growth of any business Accounts department has to be strong.**
- 3. Learn, unlearn, relearn and upskill yourself with changing times.**
- 4. Automation is the next big thing that is going to stay in the future in business.**
- 5. Always choose Client over profit margins. Work on thin profit margin but don't lose your clients.**

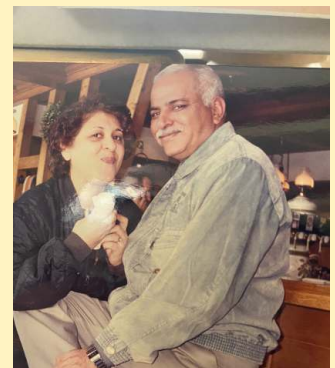
Link for the video: <https://youtu.be/01di4e2YNik>

Past President's Archive:

A Stroll Through the Illustrious History of Nagpur North

As we dust off the pages of history and peer into the annals of our club, a fascinating journey unfolds. Our club owes much of its success to the visionary leadership of its past presidents. Let's honour the notable individuals who have helped craft the robust community we are proud to be a part of.

Each President's unique vision and leadership style have helped shape our club the influential force it is today. As we look forward to the future, we draw inspiration from these remarkable leaders and their indomitable spirit, eager to build upon their achievements and have an even greater impact on our community.



Always in love with her beloved.



PP Rtn Vinod Massand: At the installation ceremony at Hotel Tuli in 95-96 Taking over from Rtn Madhu Rughwani in 1995.



Three generations celebrating



Ecstatic Children Sumeet and Seema

Big Achievers

- RMB - Rotary Means Business was the much sought-after organization, comprising a group of like-minded Rotarians from 11 Rotary Clubs of Nagpur, who exchange huge businesses and are headed by our NORTH STARS. The founder president, **Dr. Sanjay Arora**, was ably supported by **Mr. Swapnil Band** as Secretary. Our heartiest congratulations to them for their well-deserved success.
- **CA Jayati Khatri** has graduated in Kathak Poorna, achieving flying colours - another feather in her cap. Our heartiest congratulations to her!
- **Dr. Aliakbbar Maimun** has been selected as Area Director for Division N, District 126, Toastmasters International. Since 1924, Toastmasters International has helped its members become more effective speakers, communicators, and leaders through a worldwide network of clubs, similar to Rotary. Rotary International and Toastmasters International have formed an alliance to provide opportunities for individuals to grow their networks, leadership and communication skills, and their impact within the community, helping them achieve their personal and professional goals.

New Member Experience

Inside Out: The inner world of a not-so-young adult

Being in my mid-to-late twenties, you can say that I am racing against the fast-paced life of responsibilities and ambitions — a heady mix of chaos and impatience and a hunger for success. But, in a world driven by material achievements and societal benchmarks, it's so easy to fall into the trap of comparing ourselves to others or defining the parameters of our success by external validation.

However, time and again, I have learned that these goals are narrow; they don't account for inner peace or happiness. All they have created is a never-ending pursuit of external accomplishments. Imagine every time you think you have reached the end, the finish line moves 500 feet further.

Disconnected from my true self, I tried all the meditation apps on my smartphone, all the breathing exercises my grandfather prescribed, and all the outings with my friends — but inner peace always eluded me.

Feeling disconnected from my true purpose, I knew I had to look inward. Tending to my inner self — my hopes, fears, and dreams — brought me unimaginable contentment and fueled my personal growth. Rather than conforming to societal pressures, I was able to look within and identify my purpose in society.

As young community members, embracing our inner success can empower us to lead a life rich with purpose and authenticity. Our journey towards becoming the change-makers and leaders of tomorrow begins with fostering a healthy relationship with ourselves today.

Embrace self-care as an integral part of growth, and watch as communities blossom with the collective power of our empathy.

Remember, a thriving community starts with nurtured individuals.

The Land of India's First Textile Mill

Nagpur has always been the main center of trade and commerce in the Vidarbha region. The cotton trade was one of the most lucrative businesses in Indian history. During the time of the American Civil War, cotton exports suffered a major setback. India has always had highly fertile land and a long coastline, which are essential for growing cotton. Observing all these factors, Jamsetji Tata realized that India had all the resources needed for growing cotton but lacked proper infrastructure. To gain a better understanding of advancements in technology, he travelled to England. After returning, he decided to set up the first-ever textile mills in Nagpur, named the Central India Spinning, Weaving, and Manufacturing Company. The mills were later renamed as 'Empress Mill' when Queen Victoria was proclaimed Empress of India on 1 January 1877.



**The Empress Mill,
Nagpur**
Spg. Wvg. Mfg. Co. Ltd.)

ROTARY CALENDAR OF ACTIVITIES for 2023-24.

July 2023

Maternal and Child Health Month

August 2023

Membership and New Club Development Month

September 2023

Basic Education and Literacy Month

October 2023

Community Economic and Development Month
(24 October World Polio Day)

November 2023

Rotary Foundation Month

December 2023

Disease Prevention and Treatment Month

January 2024

Vocational Service Month

February 2024

Peacebuilding and Conflict Prevention Month
(23 February — Rotary's anniversary)

March 2024

Water, Sanitation, and Hygiene Month

April 2024

Environmental Month

May 2024

Youth Service Month

June 2024

Rotary Fellowships Month

EDITORIAL TEAM

Rtn Dr. Sanjay Arora

- Mentor

Rtn Dr. Aliakbbar Maimun

- Editor

R/Ann Meena Dewani

- Members Corner

R/Ann Harshita Asnani

- Community, Women Empowerment and Sports

R/Ann Gayatri Band

- Youth Services and Vocational Services

R/Ann Jyoti Kriplani

- Medical & Environment

R/Ann Vishaka Mathur

- Club meetings & Member's Corner

R/Kid Sanya Roida

- Member's Corner

Rtn Manisha Manghani

- Rota Kids & Fun Corner